**General Education Requirements – 45 hours**

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| **Freshman Seminar** |
| \_\_\_\_UNV 1000 |
| **English** |
| \_\_\_\_ENG 1050 Composition I  \_\_\_\_ENG 1060 Composition II |
| **Humanities – Choose 1 from each category below** |
| 1. Fine Arts (ART 1450, 2050, 2080, 2090; MUS 1020, 1040, 2940, 2980; THE 2500)  2. Literature (ENG 2010, 2020, 2030, 2050, 2060, 2080, 2090, 2100, 2180, 2190, 2200, 2230, 2240, 2410, 2470, 2480)  3. History (HST 1010, 1020, 1030, 1100, 1110, 1140, 1150)  4. Religion or Philosophy (PHI 2040 is required) |
| **Social Sciences – Required** |
| 1. Psychology (PSY 1010)  2. Sociology (SOC 1020, 1050, 2090) |
| **Social Sciences – Choose 1 course from below** |
| 1. Economics (ECN 1000, 2020, 2030, 2410)  2. Geography (GGY 1010, 1020, 2000, 2060)  3. Political Science (PLS 1000, 1010)  4. HON 1000 or 2750 (Honors students only) |
| **Mathematics - Required** |
| \_\_\_ MAT 1070 or higher |
| **Natural Sciences – Choose any 2 of the 4 below** |
| 1. Biology (BIO 1000, 1030, 1060; ENV 1100)  2. Chemistry (CHM 1300, 1400)  3. Geology (GLY 1150, 2460)  4. Physical Science or Physics (PHS 1100, 1560; PHY  1000, 1500, 2000)  HON 1510 may be used in place of one natural science course (Honors students only) |
| **Physical Education – Elective (2 Hours)** |
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| **Gen Ed Elective - Required** |
| \_\_\_SPE 2000 or 2010 |
| **Gen Ed Elective – Choose 1 from either other area** |
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| **Major Requirements – 75 hours**  **KIN Core (18 hours)** |
| \_\_\_\_KIN 1100 Introduction to Kinesiology (3)  \_\_\_\_KIN 2000 Foundations of Human Movement (3)  \_\_\_\_KIN 2100 Sociology of Sport (3)  \_\_\_\_KIN 4000 Research in HHP – WE (3)  \_\_\_\_KIN 4990 Internship (6) |
| **HLTH Requirements (33 hours)** |
| \_\_\_\_ \*KIN 2200 Anatomy and Physiology (3)  \_\_\_\_ HLTH 2000 Principles of HLTH Promotion (3) Fa  \_\_\_\_ HLTH 2100 Nutrition (3)  \_\_\_\_ HLTH 3000 Sociocultural Aspects of HLTH (3) Fa  \_\_\_\_ HLTH 3300 Health Promotion and Fitness (3) Fa  \_\_\_\_ HLTH 3650 Epidemiology (3) Fa  \_\_\_\_ HLTH 3660 Health Advocacy - WE (3) Sp  \_\_\_\_ HLTH 3670 Health Care Ethics (3) Fa  \_\_\_\_ HLTH 4100 Health and Fitness Behavior - WD (3)  \_\_\_\_ HLTH 4700 Plan, Admin & Eval of Prog (3) Sp  \_\_\_\_ RSA 3320 Recreation Programming (3) Fall |

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| **Guided Electives (9 hours)** |
| These are suggested electives to meet the degree requirements. Please choose 3 courses from the following list:  \_\_\_\_ HLTH 3770 Drugs & Society (3)  \_\_\_\_ PSY 2200 Behavior Modification (3) Fall  \_\_\_\_ PSY 2250 Health Psychology (3) Fall  \_\_\_\_ SOC 3010 Community Health (3) Spring  \_\_\_\_ SOC 3730 Health Promotion and Wellness (3) F  \_\_\_\_ RSA 4160 Principles of Leadership (3) Fall  \_\_\_\_ AIS 4600 American Indian Health (3) |

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| **University-wide Electives (15 hours)** |
| Students planning to apply for AT/OT/PT should take BIO 2110 and 2120 instead of KIN 2200\*  Take BIO 1000 and CHEM 1310  **\_\_\_\_**  **\_\_\_\_**  **\_\_\_\_**  **\_\_\_\_**  **\_\_\_\_** |