Assistant Professor • Department of Counseling • PO Box 15106 • University of North Carolina at Pembroke • Pembroke, NC 28372 • Phone: 910.775.4294 • ashley.smith@uncp.edu

EDUCATION

Ph.D., Counseling and Counselor Education, The University of North Carolina at Greensboro, 2021 (CACREP accredited) Cognate: Educational Leadership and Cultural Foundations. *Dissertation: Supervise Me: Strengthening School Counselor Professional Identity Through Peer Supervision*

M.S.Ed.S., Counseling and Educational Development: School Counseling, The University of North Carolina at Greensboro, 2014 (CACREP accredited)

B.S., Human Development and Family Studies, The University of North Carolina at Greensboro, 2011

B.A., International and Asian Studies, The University of North Carolina at Chapel Hill, 2008

CERTIFICATION AND LICENSURES

National Certified Counselor, #341567, National Board for Certified Counselor Licensed Professional School Counselor, #1177502 Licensed Clinical Mental Health Counselor Associate, #A16498 Advanced & Basic Motivational Interviewing

PROFESSIONAL EXPERIENCE

School Counselor, Winston-Salem/Forsyth County Schools, Hall-Woodward Elementary School Developed and maintained written plan for effective delivery of the school counseling program based on the NC Comprehensive School Counseling Standard Course of Study; utilized data to develop comprehensive programs that meet student needs.

- Implemented developmentally appropriate and prevention-oriented classroom guidance and group activities to meet student needs and school goals. Assisted all students individually, or in groups, with developing academic, career, and personal/social skills, goals, and plans.
- Consulted and collaborated with parents/guardians, teachers, administrators, and other educational/community resources regarding students with identified concerns and needs.
- Served as AIG Coordinator, Positive Behavior Intervention and Support Internal Coach, Diabetes Care Manager, Intervention Support Team, School Improvement Team, 504 Coordinator and Character of the Month Coordinator.

TEACHING & SUPERVISORY EXPERIENCE

Assistant Professor, Department of Counseling, University of North Carolina at Pembroke

Present

- CNS 5100 Groups in Counseling
 - o Taught masters-level students the principles of group dynamics, group leadership skills, theories of group counseling, and group counseling methods.
- CNS 6100 Counseling Practicum: School Counseling
 - Taught masters-level school counseling students by encouraging enhanced skill development and exposure to professional and ethical practices in a supervised counseling setting
- CNS 5780 Addressing the Achievement Gap and Issues of Social Justice
 - Taught masters-level school counseling the importance of the school counselor's role in addressing the achievement gap and issues related to social justice.
- CNS 5350 The Professional School Counselor
 - Taught masters-level school counseling foundational school counseling standards, ethics, and ASCA National Model
- CNS 5050 Counseling Skills and Techniques

- Taught masters level counseling skills and techniques through classroom instruction and experiential learning activities.
- CNS 5800 Multicultural and Social Justice Counseling
 - Taught masters level counseling students the value of multicultural counseling, identity development, and social justice.

Adjunct Professor, University of North Carolina at Pembroke, Dept. of Counseling May 2022 – Jun 2022

- CNS 5350 The Professional School Counselor
 - o Taught first year masters-level school counseling foundational school counseling standards, ethics, and ASCA National Model.

Adjunct Professor, Department of Human Development and Family Studies

Jan 2022 – Present

- HDFS 390 Families and Global Perspectives
 - o Facilitated undergraduate student's understanding of Asian, African, Latin American, and Middle Eastern families and children, focusing on family structure, gender roles, and socialization practices within their socioeconomic, historical, and cultural contexts.

Internship Supervisor, Department of Counseling & Educational Development

Aug 2021 - Present

- CED 680A Masters Internship Supervision
 - Provided individual and group supervision for five second year masters students in application of counseling & school counseling skills, theories, and multicultural competencies. Utilizing research-based supervision practices and theories
- CED 679 Advanced Counseling Practicum

Jan 2022 – Present

o Provided individual and group supervision for three first year masters students in application of counseling skills, theories, and multicultural competencies. Utilizing research-based supervision practices and theories

Instructor, Department of Counseling & Educational Development

Aug 2019 - 2021

- o CED 648 Foundations of School Counseling.
 - Taught first year masters-level school counseling foundational school counseling standards, ethics, and ASCA National Model.

Internship Supervisor, Department of Counseling & Educational Development Jan 2021 – May 2021

- CED 680B Masters Internship Supervision
 - o Provided individual and group supervision for nine second year masters students in application of counseling & school counseling skills, theories, and multicultural competencies. Utilizing research-based supervision practices and theories

Instructor, Department of Counseling & Educational Development

Jan 2020 – May 2020

- o CED 698 Implementing and Evaluating School Counseling Programs.
 - Taught second year masters-level school counseling methods for designing, implementing, and evaluating comprehensive school counseling programs, in relation to the academic, career, and personal-social development of children and adolescents.

Internship Supervisor, Department of Counseling & Educational Development Jan 2021 – May 2021

- CED 680B Masters Internship Supervision
 - o Provided individual and group supervision for nine second year masters students in application of counseling & school counseling skills, theories, and multicultural competencies. Utilizing research-based supervision practices and theories
- CED 679 Advanced Counseling Practicum

Jan 2020 – May 2020

 Provided individual and group supervision for three first year masters students in application of counseling skills, theories, and multicultural competencies. Utilizing research-based supervision practices and theories.

Practicum Supervisor, Department of Counseling & Educational Development Sept 2018 – May 2020

• CED 610 Helping Skills & CED 620 Counseling Theories

- o Provided group supervision of six first year masters students application and exploration of foundational clinical skills.
- CED 648 Foundations of School Counseling
 - o Provided group supervision of six first year masters students regarding foundational school counseling skills and site experiences.
- CED 642, Substance Abuse Counseling
 - o Provided group supervision of five second year masters students regarding counseling individuals dealing with substance abuse. s
- CED 650, Group Counseling
 - o Provided group supervision of six first year masters students regarding strengthening group counseling skills.
- CED 688 Counseling Children and Adolescents
 - o Provided group supervision of six first and second year masters students regarding counseling children while utilize various play techniques.

Lead Teacher, Childcare Network, NC Pre-K & School-Age

• Taught classes on diverse topics to NC curriculum for Pre-Kindergarten students, ranging from language arts, reading, science, communication skills, multicultural competency, and Japanese language and culture.

CLINICAL EXPERIENCE

Doctoral Counseling Internship, UNCG Moss Street Partnership School Reidsville, NC

Jan 2019 – May 2019

- Conducted weekly counseling sessions with students of various races, cultures, religions, backgrounds, lifestyles, sexual orientation, sex, and gender.
- Maintained confidential client files, complete with intake, assessments, and case notes.
- Created and implemented an Interactive Student Conflict Resolution Mat to assist with conflict resolution
- Participated, consulted, and provided feedback in group and individual supervision sessions.

Doctoral Counseling Practicum, Vacc Counseling & Consulting Clinic

Aug 2018-Nov 2018

- University of North Carolina at Greensboro
- Conducted weekly counseling sessions with undergraduate and graduate students of various races,
- cultures, religions, backgrounds, lifestyles, sexual orientation, sex, and gender.
- Maintained confidential client files, complete with intake, assessments, and case notes. Collaborated with students on and off of academic probation, helped develop goals, plan of action for academic success and ways to reach their goals.
- Participated, consulted, and provided feedback in group and individual supervision sessions.

Counseling Internship, Doris Henderson Newcomer School

Aug 2013-May 2014

Greensboro, NC

- Facilitated self-control, acceptance & belonging, transition and interpersonal skill-building groups
- Taught and implemented classroom guidance lessons with developmental and multicultural competencies in mind $3^{rd} 12^{th}$.
- Conducted individual counseling with students address presenting concerns in personal, academic, and career development.

Advanced Counseling Practicum, Vacc Counseling & Consulting Clinic

Jan 2013-May 2013

University of North Carolina at Greensboro

- Conducted weekly counseling sessions with undergraduate students of various races,
- cultures, religions, backgrounds, lifestyles, sexual orientation, sex, and gender.
- Maintained confidential client files, complete with intake, assessments, and case notes.
- Collaborated with students on and off of aademic probation, helped develop goals, plan of action for academic success and ways to reach their goals.
- Participated, consulted, and provided feedback in group and individual supervision sessions.

PUBLICATIONS

Rodriguez, C. S., & **Smith**, **A. D.** (2021). Terapia Filial: Filial Therapy with Hispanic and Latinx Clients. *The Family Journal*.

PRESENTATIONS

National

- Rodriguez, C.S., **Smith**, **A.D.** (2022). Terapia Filial: Therapy with Hispanic and Latinx Clients. National Latino Behavioral Health conference., Las Vegas, NV.
- Smith, A.D. (2022). Supervise Me: Strengthening School Counselor Professional Identity Through Peer Supervision. International Interdisciplinary Conference on Clinical Supervision Conference

State

- Rodriguez, C.S., **Smith**, **A.D.**, & Silverio, N. (2021). Cultural considerations with advocating for refugee and asylum-seeking youth: An intersectionality approach. North Carolina Counselor Association Conference
- **Smith, A.D**. et al. (2018, November). School counseling after the masters program. Invited panelist in NCSCA Graduate Student Luncheon. North Carolina School Counselor Association, Greensboro, NC
- Dunlap, J., Lutzweiler, B., Mittman, D., Pearson, J., Refvem, K., **Smith, A.D**. (2013, November). Facebook Me!: School-Based Group Intervention on the Impact of Social Media Use and Adolescent Girls' Risky Sexual Behaviors. Poster Presentation. North Carolina School Counselor Association Conference, Greensboro, NC
- Cunningham, P., Dunlap, J., **Smith, A.D.** (2012, November). *Gender bias and achievement: a counselor's quandary*. Poster Presentation. North Carolina School Counselor Association Conference, Greensboro, NC

• Selected Local Presentations and Guest Lectures

- Smith, A.D. (2020, September). Social Emotional Learning: A School Counselor's Best Friend. Invited to speak in the CED 757C: University Teaching. University of North Carolina at Greensboro, Greensboro, NC
 - **Smith, A.D.** et. al. (2019, September). Human Development and Family Studies Intern Panel. Invited to speak in the HDFS 477: Professional Development in HDFS course. University of North Carolina at Greensboro, Greensboro, NC
 - **Smith**, **A.D.** et. al. (2018, November). Professional Orientation Interview. Invited to speak in the CED 777: Professional Orientation course. University of North Carolina at Greensboro, Greensboro, NC
 - **Smith, A.D**. (2018, September). *Crisis interventions and collaboration in school counseling*. Guest Presentation to CED 648. University of North Carolina at Greensboro, Greensboro, NC.
 - **Smith, A.D**. (2018, September). *Developing and delivering classroom guidance*. Guest Presentation to CED 648. University of North Carolina at Greensboro, Greensboro, NC.
 - **Smith, A.D.** et. al. (2017, December). Professional Orientation Panel. Invited panelist in the CED 777: Professional Orientation course. University of North Carolina at Greensboro, Greensboro, NC

ADMINSTRATIVE EXPERIENCE

Doctoral Admissions Graduate Assistant, Department of Counseling and Educational Development, University of North Carolina at Greensboro, Greensboro, NC

- Assisted faculty with processing incoming doctoral applications, interview protocols, and conducted candidate interviews (i.e., individual and group).
- Coordinated and planned virtual doctoral admissions process
- Work with the UNCG Graduate Admissions Department to ensure prospective student applications were processed appropriated
- Provided tours and facilitated dialogue with prospective doctoral students
- Provided current doctoral students with pertinent program information

RESEARCH EXPERIENCE

Research Apprentice, Department of Counseling and Educational Development, University of North Carolina at Greensboro, Greensboro, NC

• Assisted Dr. Carrie Wachter Morris with research regarding literacy-based curriculum infused social emotional learning.

Undergraduate Research Assistant, Department of Human and Family Studies, University of North Carolina at Greensboro

- Assisted Dr. Ester Leerkes on the Triad Child Study Research Project
- Videotaped and acted as back-up in mother-child observations, filed confidential documents, transcribed digitally audio taped interviews and baby-sat while mothers participated in interviews
- Designed and created Winter newsletter, highlighting speech development and winter preparedness.

SERVICE

• Chi Sigma Iota, Phi Sigma

August 2022 - Present

- o Co-Advisor
- North Carolina School Counselor Association, Graduated Student Panel Session
 - Poster Session Judge
 - o November 2018
- Theta Nu Xi Multicultural Sorority, Incorporated, Xi Beta Graduate, Alumnae, & Professional Chapter

o President,

August 2014 – August 2019

o Vice President,

August 2019-August 2020

Secretary,

August 2011 – Present

o Webmistress,

 $August\ 2014-August\ 2015$

o Assistant Membership Coordinator,

August 2013- August 2015

• Chi Sigma Iota, Upsilon Nu

o Nominations & Elections Chair

August 2013-May 2014

HONORS AND AWARDS

- Chi Sigma Iota, Counseling Honor Society
- Kappa Omicron Nu, National Honor Society for the Human Sciences
- Order of Omega, National Leadership Honor Society
- Marian Pope Franklin Award, Doctoral Level, Department of Counseling and Educational Development, University of North Carolina at Greensboro, 2021
- Emmie Dark Lane Scholarship, 2019
- Muriel Kiser Education Scholarship, 2019, 2020
- Cohort Award, Masters Level, Department of Counseling and Educational Development, University of North Carolina at Greensboro, 2014

MEMBERSHIPS, AFFILIATIONS, AND POSITIONS

- American Counseling Association
- Association for Counselor Education and Supervision
- American School Counselor Association
- Chi Sigma Iota, Upsilon Nu Chi Chapter

- National Board of Certified Counselors
- North Carolina Counseling Association
- North Carolina School Counseling Association Theta Nu Xi Multicultural Sorority, Incorporated