**Health and Physical Education K-12 2022-2023**

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| **Freshman Year** | | | | | | | |
| **Fall** | | | | **Spring** | | | |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | UNV 1000 | Freshman Seminar | 1 |  | ENG 1060 | Composition II | 3 |
|  | ENG 1050 | Composition I | 3 |  | General Education | History | 3 |
|  | MAT 1070 | College Algebra | 3 |  | General Education | Social Science | 3 |
|  | General Education | Fine Art | 3 |  | General Education | Natural Science | 3 |
|  | General Education | Social Science | 3 |  | PED 1010 | Wellness & Fitness | 1 |
|  | General Education | Natural Science | 3 |  | MAT 2100 | Intro to Statistics | 3 |
| **Total Credits** | | | 16 |  | **Total Credits** | | 16 |

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| **Sophomore Year** | | | | | | | |
| **Fall** | | | | **Spring** | | | |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | General Education | Social Science | 3 |  | PED 3420 | Introduction to Health/PE | 3 |
|  | PED 1380 | Rhythms/Dance | 1 |  | HLTH 3650 | Epidemiology of Human Disease | 3 |
|  | General Education | Philosophy/Religion | 3 |  | EXPH 2100 | Anatomy and Physiology | 3 |
|  | General Education | Literature | 3 |  | HHP 4150 | Organization of Administration of Physical Education and Athletics | 3 |
|  | EDN 2100 | Intro to Education | 3 |  | HLTH 1060 | Safety and First Aid | 1 |
|  | General Education | Elective | 3 |  | PED/SOC 3120 | PE and Sport in a Contemporary Society | 3 |
| **Total Credits** | | | 16 |  | **Total Credits** | | 16 |

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| **Junior Year** | | | | | | | |
| Fall | | | | Spring | | | |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | EXPH 4120 | Exercise Physiology | 3 |  | EXPH 3500 | Motor Behavior | 3 |
|  | EXPH 3450 | Kinesiology | 3 |  | EXPH 3510 | Motor Behavior Lab | 1 |
|  | \*EDN 3130 | Content Area Literacy | 3 |  | PED 3100 | Adapted Physical Education | 3 |
|  | University Wide Elective |  | 1 |  | HLTH 2100 | Nutrition | 3 |
|  | PED 3060 | Elementary School Methods Health/PE | 3 |  | PED 3070 | Middle School Methods Health/PE | 3 |
|  | HLTH 4100 | Health And Fitness Behavior Changes | 3 |  | SED 3310 | Introduction to Exceptional Children | 3 |
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| **Total Credits** | | | 16 | **Total Credits** | | | 16 |

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| **Senior Year** | | | | | | | |
| **Fall** | | | | **Spring** | | | |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | PED 4100 | Health and Physical Education Content Knowledge | 3 |  | \* EDN 4490 | Internship | 9 |
|  | HLTH 3770 | Drugs, Society and Behavior | 3 |  | \* PED 4060 | Health/PE Teaching Seminar | 2 |
|  | EDN 3150 | Developmental Perspectives of Edu Psyc Grades K through 12th | 3 |  | \*PED 4040 | Classroom Disciple | 1 |
|  | PED 3080 | High School Health/PE Methods | 3 |  |  |  |  |
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| **Total Credits** | | | 12 | **Total Credits** | | | 12 |