**Exercise and Sport Science Recreation & Sports Administration Track 2021-2022**

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| **Freshman Year** |
| **Fall** | **Spring** |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | UNV 1000  | Freshman Seminar  | 1 |  | ENG 1060 | Composition II | 3 |
|  | ENG 1050 | Composition I | 3 |  | MAT 2100  | Introduction to Statistics | 3 |
|  | SOC 1020 or PSY 1010 or PLS 1000/PLS 1010 or ECN 1000 | Social Science | 3 |  | SOC 1020 or PSY 1010 or PLS 1000/PLS 1010 or ECN 1000 | Social Science | 3 |
|  | General Education  | Fine Art | 3 |  | University Wide Elective/Minor Course  |  | 3 |
|  | MAT 1070  | College Algebra | 3 |  | General Education  | Physical Education | 1 |
|  | General Education  | Natural Science | 3 |  | University Wide Elective/Minor Course  |  | 3 |
| **Total Credits**  | 16 |  | **Total Credits**  | 16 |

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| **Sophomore Year** |
| **Fall** | **Spring** |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | SOC 1020 or PSY 1010 or PLS 1000/PLS 1010 or ECN 1000 | Social Science | 3 |  | General Education | Literature | 3 |
|  | General Education  | Physical Education | 1 |  | PED 2040  | Adaptive Physical Education | 1 |
|  | General Education  | Philosophy/Religion | 3 |  | EXPH 2100  | Anatomy and Physiology | 3 |
|  | General Education  | History | 3 |  | RSA 2000  | Introduction to Sports Administration | 3 |
|  | General Education  | Elective | 3 |  | RSA 2010  | Introduction to Community Recreation | 3 |
|  | University Wide Elective/Minor Course  |  | 3 |  |  |  |  |
| **Total Credits** | 16 |  | **Total Credits** | 13 |

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| **Junior Year** |
| **Fall** | **Spring** |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | University Wide Elective/Minor Course |  | 3 |  | University Wide Elective/Minor Course |  | 3 |
|  | HHP 3270  | Funding and Grant Writing | 1 |  | HHP 4030  | Facilities Design | 3 |
|  | HLTH 2100  | Applied Nutrition | 3 |  | RSA 4000  | Introduction to Therapeutic Recreation | 3 |
|  | EXPH 3400  | Sport and Exercise Psychology | 3 |  | RSA 4160  | Outdoor Recreation Service | 3 |
|  | HLTH 3770  | Drugs and Society | 3 |  | General Education  | Natural Science | 3 |
| **Total Credits** | 13 | **Total Credits** | 15 |

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| **Senior Year** |
| **Fall** | **Spring** |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | HHP 4000  | Applied Research | 3 |  | HHP 4999  | Internship | 6 |
|  | RSA 4250  | Leisure and Wellness for Older Adults | 3 |  | HHP 4150 | Organization and Administration of Physical Education and Athletics  | 3 |
|  | RSA 3320  | Recreation Programing | 3 |  | RSA 4400  | Tourism and Commercial Recreation | 3 |
|  | University Wide Elective/Minor Course |  | 3 |  |  |  |  |
|  | University Wide Elective/Minor Course  |  | 1-3 |  |  |  |  |
| **Total Credits** | 13-15 | **Total Credits** | 12 |

**Minor or Concentration chosen from the following list):** Business, Economics, Marketing, Psychology, Sociology, or advisor approval

**Water Survival Test:** All Exercise and Sport Science majors must pass the department's Water Survival Test (WST) as a requirement of graduation.