

GET CPR CERTIFIED

YOU COULD SAVE A LIFE

DID YOU KNOW?

At any time, one of your coworkers or loved ones may go into **Sudden Cardiac Arrest** (SCA).

Almost 90% of out-of-hospital SCA victims **do not survive**.

CPR performed in the first minutes of SCA can **double or triple** a person's chance of survival.

The **Basic Life Support** class is a video-based, instructor-led course that teaches both single-rescuer and team basic life support, using the American Heart Association's proven techniques.

We are offering **American Heart Association's Basic Life Support/CPR certification class** to faculty and staff during these times:

Friday, September 10 | 1 – 5 p.m. Friday, October 8 | 1 – 5 p.m. Friday, November 12 | 1 – 5 p.m.

Friday, September 24 | 1 – 5 p.m. Friday, October 22 | 1 – 5 p.m.

LEARN MORE & REGISTER | UNCP.EDU/CPRCERT



This publication is available in alternative formats upon request.
Please contact the Accessibility Resource Center, West Hall, Room 110, or call 910.521.6695.

