**Health and Physical Education K-12 2018-2019**

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| **Freshman Year** |
| **Fall** | **Spring** |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | UNV 1000  | Freshman Seminar  | 1 |  | ENG 1060 | Composition II | 3 |
|  | ENG 1050 | Composition I | 3 |  | ENG 2XXX | General Education Literature | 3 |
|  | MAT 1070  | College Algebra  | 3 |  | General Education | Social Science | 3 |
|  | General Education | Fine Art | 3 |  | General Education | Natural Science | 3 |
|  | General Education  | Social Science | 3 |  | PED 1010  | Wellness & Fitness  | 1 |
|  | General Education | Natural Science | 3 |  | MAT 2100  | Intro to Statistics  | 3 |
| **Total Credits**  | 16 |  | **Total Credits**  | 16 |

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| **Sophomore Year** |
| **Fall** | **Spring** |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | General Education | Social Science | 3 |  | EDN 3150 | Developmental Perspectives of Edu Psy Grades K -12 | 3 |
|  | PED 1380 | Rhythms/Dance  | 1 |  | SED 3310 | Introduction to Exceptional Children | 3 |
|  | General Education | Philosophy/Religion | 3 |  | EXPH 2100 | Anatomy and Physiology | 3 |
|  | General Education  | History | 3 |  | PED 3100  | Adapted Physical Education | 3 |
|  | EDN 2100 | Intro to Education | 3 |  | HLTH 1060 | Safety and First Aid | 1 |
|  | General Education  | Elective | 3 |  | HLTH 3770  | Drugs, Society and Behavior | 3 |
| **Total Credits** | 16 |  | **Total Credits** | 16 |

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| **Junior Year** |
| Fall | Spring |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | EXPH 2200 | Anatomy and Physiology II | 3 |  | EXPH 3500  | Motor Behavior | 3 |
|  | PED 2070 | Technology Applications in HPER | 1 |  | EXPH 3510  | Motor Behavior Lab | 1 |
|  | EXPH 3450  | Kinesiology | 3 |  | PED 3175 | Health/PE Activities in Grades 7-9 | 3 |
|  | PED 3120  | PE and Sport in Contemporary Society | 3 |  | HHP 4150  | Organization of Administration of Physical Education and Athletics | 3 |
|  | \*EDN 3130  | Content Area Literacy | 3 |  | PED 3170  | Health/PE Activities for Grades 4-6 | 2 |
|  | PED 3000  | Health/PE Activities for Grades K-3 | 2 |  | HLTH 2100  | Nutrition | 3 |
| **Total Credits** | 15 | **Total Credits** | 15 |

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| **Senior Year** |
| **Fall** | **Spring** |
|  | Course Number | Course Title | Credits |  | Course Number | Course Title | Credits |
|  | EXPH 4120  | Exercise Physiology | 3 |  | \* EDN 4490 | Internship | 9 |
|  | HLTH 3650  | Epidemiology of Human Disease | 3 |  | \* PED 4060 | Health/PE Teaching Seminar | 2 |
|  | HLTH 4100  | Health And Fitness Behavior Changes | 3 |  | \* PED 4030 | Classroom Discipline | 3 |
|  | HLTH 4700  | Planning, Administration and Evaluation of Programs | 3 |  |  |  |  |
|  | PED 3020  | Health/PE Activities in Grades 10-12  | 2 |  |  |  |  |
| **Total Credits** | 14 | **Total Credits** | 14 |