

EXCEL LEADERSHIP CERTIFICATE CHECKLIST

(Total certificate requirements: 10 required items + 14 optional items to complete the certificate)

exCEL Leadership Certificate Domains	Required Items	Required Optional Items
Self-Understanding	2	3
Group Development	1	2
Social Responsibility	2	1
#BraveNation Experiences	2	2
Professional Development	1	3
Global Perspectives	1	2
Travel and Adventure	1	1

A. Self-Understanding: (2 Required + choose 3 of the optional items to complete this domain)

Students will practice living a balanced and purposeful life by managing personal affairs, acting ethically, developing their identities, and maintaining a healthy lifestyle.

	Item	Required/Optional	Item Type	Criteria
ITEM 1:	Complete Your BraveConnect Profile	Required	Self-Report	
Updating your BraveConnect profile is a good indication that you are managing your personal affairs and developing a personal identity. To update your profile you will need upload a profile picture, complete your basic contact information, prioritize your interests, and complete the self-report below.				
ITEM 2:	Participate in an Event that Facilitates Personal Identity Development	Required	Event Category	Know Yourself
Participating in events that facilitate personal identity development help to support a balanced and purposeful life. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Know Yourself.				
ITEM 3:	Attend An Event That Promotes Academic Success	Optional	Event Category	Academic Success
Academic success is central to the work of managing personal affairs. You are encouraged to attend an event that supports and promotes the academic mission of the university. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Academic Success.				
ITEM 4:	Attend an Event that Promotes Wellness and Self-Care	Optional	Event Category	Wellness/Self-Care
Participating in events that focus on wellness and/or self-care support your ability to maintain a healthy lifestyle. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Wellness/Self-Care.				
ITEM 4B:		Optional	Sponsoring Organization	Campus Rec, SHS, CAPS

ITEM 5:	Participate in an Event that Promotes Values-Based Leadership	Optional	Event Category	Ethics, Principles, and Values
Participating in events that promote a values-based approach to personal leadership supports your ability to make and act upon ethical decisions. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Ethics, Principles, and Values.				
ITEM 6:	Participate in an Organization or Group that Promotes Wellness or Self-Care	Optional	Organization Type	Sports/Recreation
Getting involved in an organization that promotes wellness and/or self-care is a great way maintain a healthy lifestyle. Completion of this item involves confirmed rostered participation on a registered student organization at UNCP that is listed as a Sports/Recreation Organization Type.				
ITEM 7:	Receive Recognition for High Academic Achievement	Optional	Experience Type	Academic Achievement
Recognizing academic achievement is a great way to celebrate personal growth. Completion of this criteria involves the successful completion of the Academic Achievement Experience Type in BraveConnect.				

- B. **Group Development:** (1 Required + choose 2 of the optional items to complete this domain)
 Students will understand strategies to assist themselves and others in developing a sense of shared purpose, commitment, trust, and effectiveness.

	Item	Required/Optional	Item Type	Criteria
ITEM 1:	Participate in an Event Hosted by LEAD Fellows	Required	Sponsoring Organization	LEAD Fellows
LEAD Fellows provide opportunities for organizations to learn strategies that assist themselves and others in developing a sense of shared purpose, commitment, trust, and effectiveness. Completion of this items involves confirmed attendance at an event listed in BraveConnect sponsored by LEAD Fellows.				
ITEM 2:	Serve as a Peer Mentor	Optional	Experience Type	
Serving as a Peer Mentor is a great way to empower the agency of others and strengthen a sense of common purpose at UNCP. Accomplishing this criteria involves the successful completion of the Leadership Experience Experience Type in BraveConnect.				
ITEM 3:	Attend an Event that Promotes Group Development	Optional	Event Category	Group/Organization Development
Participating in events that focus on group development encourages organizations to work together in the most effective, efficient, and empowering ways. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Group/Organization Development.				
ITEM 4:	Attend an Event that Promotes Recruitment	Optional	Event Category	Recruitment/Intake
Participating in events that promote recruitment of membership within your organization(s) encourages the continued growth and legacy of the impact your groups leave at UNCP. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Recruitment/Intake.				
ITEM 5:	Join or Start a Student Organization	Optional	Organization Type	All organization types
Students who join/start a student organization will understand strategies to assist themselves and others in developing a sense of shared purpose, commitment, trust, and effectiveness. Completion of this item involves confirmed rostered participation on a registered student organization at UNCP.				

- C. Social Responsibility: (2 Required + choose 1 of the optional items to complete this domain)
 Students will engage in responsible decision making and ethical action, so that their impact benefits, not detracts from, the welfare of society and its members.

	Item	Required/Optional	Item Type	Criteria
ITEM 1:	Volunteer 5+ Hours in the Community	Required	Self-Report	
Volunteering your time create an impact on your community that benefits, not detracts from the welfare of the society and its members. To accomplish this item you will need to complete the self-report below.				
ITEM 2:	Participate un University-Supported Democratic Engagement	Required	Event Category	Civic/Democratic Engagement
Participating in events that promote democratic engagement is a great way to actively contribute to your community. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Civic/Democratic Engagement.				
ITEM 3:	Attend an Ally Training	Optional	Experience Type	Certifications
Becoming a trained ally to any of our underrepresented groups is a great way to demonstrate ethical actions that benefit your community. Accomplishing this criteria involves the successful completion of the Certifications Experience Type in BraveConnect.				
ITEM 4:	Attend an Alternative Break Trip	Optional	Event Category	Alternative Break
Participating in alternative break events help you to develop responsible decision making skills that impact our communities. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Alternative Break.				
ITEM 5:	Join a Governance Organization	Optional	Organization Name	SGA, RHA, Greek Councils
Participating in local governance at UNCP allows you to develop a deeper understanding of ethical actions and responsible decision making. Completion of this item involves confirmed rostered participation in any of the following organizations – Student Government Association, Residence Hall Association and/or any Greek Council.				
ITEM 6:	Participate in Off-Campus Democratic Engagement	Optional	Experience Type	Leadership Experience
Participating in events that promote democratic engagement off campus is a great way to actively contribute to your community. Accomplishing this criteria involves the successful completion of the Leadership Experience Experience Type in BraveConnect.				

D. [#BraveNation Experiences](#): (2 Required + choose 2 of the optional items to complete this domain)

Students will actively engage in opportunities that embody the spirit and purpose of the community and

	Item	Required/Optional	Item Type	Criteria
ITEM 1:	Attend an Event Hosted by Pembroke Activities Council	Required	Sponsoring Org	Pembroke Activities Council
PAC events provide opportunities for you to celebrate the culture of campus. Completion of this items involves confirmed attendance at an event listed in BraveConnect sponsored by PAC.				
ITEM 2:	Participate in a UNCP Tradition	Required	Event Category	UNCP Traditions
Participating in campus events that embody the spirit and purpose of the UNCP Community is a great way to celebrate the culture of campus. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of UNCP Tradition.				
ITEM 3:	Attend a UNCP Braves Athletics Event	Optional	Sponsoring Org	UNCP Athletics
UNCP Athletics events provide opportunities for you to be a part of the traditions of campus and celebrate our amazing student athletes. Completion of this items involves confirmed attendance at an event listed in BraveConnect sponsored by UNCP Athletics.				
ITEM 4:	Attend a Welcome Week Event	Optional	Event Category	Welcome Week
Welcome Week and its many events is a great way to begin building your traditions that will become the fabric of your UNCP experience. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Welcome Week.				
ITEM 5:	Engage with UNCP Alumni	Optional	Self-Report	
Engaging early on with UNCP Alumni strengthens your bonds to our community. To accomplish this item you will need to complete the self-report below.				
ITEM 6:	Participate in a Homecoming Event	Optional	Event Category	Homecoming Event
Homecoming and its encompassing events are a great way to continue to celebrate the traditions that make UNCP a wonderful home to come back to. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Homecoming Event.				

E. Professional Development: (1 Required + choose 3 of the optional items to complete this domain)

Students will seek out and explore professional opportunities in an effort to articulate current and future experiences as they relate to their career interests, aspirations, and goals.

	Item	Required/Optional	Item Type	Criteria
ITEM 1:	Schedule and Attend a Career Center Appointment	Required	Self-Report	Pembroke Activities Council
Scheduling and attending a Career Center appointment can help you in seeking out and exploring professional opportunities in an effort to articulate current and future experiences as they relate to your career interests, aspirations, and goals. To complete this item you will need to complete the self-report below.				
ITEM 2:	Attend an Off-Campus Conference	Optional	Experience Type	Professional Development
Participating in off-campus conferences, whether it be with a student organization or with an academic department, is a great way to explore professional interests and aspirations. Accomplishing this criteria involves the successful completion of the Professional Development Experience Type in BraveConnect.				
ITEM 3:	Attend a Career Fair	Optional	Event Category	Career Fair
Participating in a Career Fair encourages you to seek out and make connections with future employers. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Career Fair.				
ITEM 4:	Attend a Final Year Experience Event	Optional	Event Category	Final Year Experience
The Final Year Experience is a years' worth themed events that help connect you to your future and get you ready for after graduation. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Career Fair.				
ITEM 5:	Obtain Work Experience Related to your Major	Optional	Experience Type	Professional Development
Obtaining work experience related to our major is a great way to connect what you learn in the classroom to the real world job applications. Accomplishing this criteria involves the successful completion of the Professional Development Experience Type in BraveConnect.				
ITEM 6:	Present a Workshop at a UNCP Conference or Event	Optional	Experience Type	Professional Development
Presenting a workshop at a UNCP Conference or event is a great way gain transferable work experience that can be articulated on a resume. Accomplishing this criteria involves the successful completion of the Professional Development Experience Type in BraveConnect.				

F. Global Perspectives: (1 Required + choose 2 of the optional items to complete this domain)

Students will develop effective interactions with people of different cultures, societies, and nations and demonstrate an understanding and appreciation for human differences.

	Item	Required/Optional	Item Type	Criteria
ITEM 1:	Attend an Event Hosted by Global Engagement	Required	Sponsoring Org	Office of Global Engagement
The Office for Global Engagement provides opportunities for you to develop effective interactions with people of different cultures, societies, and you can find a variety of events and programs they sponsor that help you demonstrate an understanding and appreciation of human differences. Completion of this items involves confirmed attendance at an event listed in BraveConnect sponsored by Global Engagement.				
ITEM 2:	Attend an Event Focused on Social Justice and Inclusion	Optional	Event Category	Social Justice
Participating in events that focus on social justice and inclusion can help you to better understands and appreciate human differences. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Social Justice.				
ITEM 3:	Attend an Event the Celebrates Cultural Heritage and Diversity	Optional	Event Category	Cultural/Heritage
Participating in events that celebrate cultural heritage and diversity can give you the opportunity to interact with those different from yourself giving you the opportunity to engage in conversations across differences. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Cultural/Heritage.				
ITEM 4:	Participate in a Study Abroad Program	Optional	Experience Type	Academic Achievement
Studying abroad give you the opportunity to learn in an immersive culture other than your own. Accomplishing this criteria involves the successful completion of the Academic Achievement Experience Type in BraveConnect.				

G. Travel and Adventure: (1 Required + choose 1 of the optional items to complete this domain)

Students will understand themselves and their community by seeking out opportunities that take them beyond the borders of campus.

	Item	Required/Optional	Item Type	Criteria
ITEM 1:	Volunteer 5+ Hours in the Community	Required	Self-Report	
The Office for Global Engagement provides opportunities for you to develop effective interactions with people of different cultures, societies, and you can find a variety of events and programs they sponsor that help you demonstrate an understanding and appreciation of human differences. Completion of this items involves confirmed attendance at an event listed in BraveConnect sponsored by Global Engagement.				
ITEM 2:	Attend an Off-Campus Conference	Optional	Experience Type	Professional Development
Participating in events that focus on social justice and inclusion can help you to better understands and appreciate human differences. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Social Justice.				
ITEM 3:	Participate in a Study Abroad Program	Optional	Experience Type	Academic Achievement
Participating in events that celebrate cultural heritage and diversity can give you the opportunity to interact with those different from yourself giving you the opportunity to engage in conversations across differences. Completion of this item involves confirmed attendance at an event listed in BraveConnect with the event category of Cultural/Heritage.				
ITEM 4:	Participate in an Off-Campus Event or Trip	Optional	Event Category	Office Campus Trip
Studying abroad give you the opportunity to learn in an immersive culture other than your own. Accomplishing this criteria involves the successful completion of the Academic Achievement Experience Type in BraveConnect.				