

The University of North Carolina at Pembroke Communicable Disease Policy

A communicable disease is defined as an illness due to a specific infectious agent or its toxic products which can be transmitted from one individual to another.

A communicable disease may be transmitted directly from one body to another without the aid of other objects, e.g., kissing, sexual contact, droplet spray from sneezing, coughing, spitting, singing or talking. It may be transmitted indirectly when an object transmits the organism. Objects of transmission may be clothing, linens, utensils, food, water, mold, air, soil or insects.

Communicable Period: The communicable period is that period of time or times during which the infectious agent may be transferred directly or indirectly from an infected person to another person.

The Policy shall be implemented for communicable diseases commonly found in the college population and which can be transmitted by air, object, or through casual contact. Examples of these communicable diseases are:

Rubella- 3 day measles	Hepatitis A
Rubeola- 9 day measles	Meningitis – viral and bacterial
Varicella- Chicken Pox	Tuberculosis (TB)
Influenza	Mononucleosis
MRSA	

Any athletic training student, staff member, or athlete who comes in contact with any of the communicable diseases mentioned will be referred to Student Health Services (personal physician if staff member). The following protocols will then be initiated:

- Consultation with the Medical Director of Student Health Services
- Referral to the appropriate facility for assessment, treatment, and determination of communicable period
- Proper notification to the appropriate agency
- Initiate any campus community screening/treatment pertinent to the specific disease per the instructions of the Medical Director

The costs associated with the referral to outside treatment and/or testing will be the responsibility of the student's primary insurance, health insurance plan provided by UNC Pembroke and the student.

All other communicable diseases of a less serious nature (conjunctivitis, strep throat, etc.) require that the athletic training student contact the course instructor/ACI/CI to determine how class attendance/rotations should be handled. Additionally, any student who has an elevated body temperature, regardless of cause should follow the guideline above.