

SUBWAY

963 Prospect Rd.
Pembroke, NC 28372
(910) 522-0111

Fresh Value Meal
Includes Sandwich, Chips & 21 oz. Drink
or Swap your Chips for Two Cookies

MEAL 1
Meatball
6-inch 3.59
Footlong 5.19

MEAL 2
Cold Cut Trio™
6-inch 3.59
Footlong 5.19

MEAL 3
Turkey Breast
6-inch 4.39
Footlong 5.79

MEAL 4
Tuna
6-inch 4.39
Footlong 5.79

MEAL 5
Italian B.M.T.®
6-inch 4.39
Footlong 5.79

MEAL 6
Red Wine Vinaigrette Club
6-inch 4.59
Footlong 6.09

MEAL 7
Steak & Cheese
6-inch 4.59
Footlong 6.09

MEAL 8
Sweet Onion Chicken Teriyaki
6-inch 4.39
Footlong 5.79

Selects

- 6** Sweet Onion Chicken Teriyaki **NOT**
- 6** Red Wine Vinaigrette Club
- 6** Honey Mustard Ham
- Dijon Horseradish Melt **NOT**
- Southwest Turkey & Bacon

	6-inch	Footlong
Sweet Onion Chicken Teriyaki	3.39	4.99
Red Wine Vinaigrette Club	3.59	5.29
Honey Mustard Ham	2.99	4.99
Dijon Horseradish Melt	3.59	5.29
Southwest Turkey & Bacon	3.89	5.99

*The only Select Subs with 6 grams of fat or less include the Sweet Onion Chicken Teriyaki, Honey Mustard Ham, and the Sweet Onion Tuna. (3.5g of fat). The Red Wine Vinaigrette Club, Roasted Chicken Breast with 21 oz. Soft Wine Vinaigrette Sauce (3.2g), the Honey Mustard Ham on Italian Bread with 21 oz. Honey Mustard Sauce (3.2g), prepared according to standard sandwich recipe with meat, cheese, lettuce, tomatoes and green peppers. Cheeses included on Red Wine Vinaigrette Club and Sweet Onion Chicken Teriyaki. Customer requests to modify standard sandwich recipe or add cheese or toppings may increase fat in select centers.

Classics

- Cold Cut Trio™
- Tuna
- Meatball **NOT**
- Italian B.M.T.®
- Seafood & Crab*
- Steak & Cheese **NOT**
- Subway Melt® **NOT**

	6-inch	Footlong
Cold Cut Trio™	2.59	4.39
Tuna	3.39	4.99
Meatball NOT	2.59	4.39
Italian B.M.T.®	3.39	4.99
Seafood & Crab*	3.59	5.29
Steak & Cheese NOT	3.59	5.29
Subway Melt® NOT	3.59	5.29

*Subway Seafood & Crab® is a pre-mixed seafood & crab blend.

7 SUBWAY
subs
with **6** grams
of fat
or less

- Veggie Delite®
- Ham
- Turkey Breast
- Turkey Breast & Ham
- Roast Beef
- Subway Club®
- Roasted Chicken Breast **NOT**

	6-inch	Footlong
Veggie Delite®	2.29	3.69
Ham	2.99	4.99
Turkey Breast	3.39	4.99
Turkey Breast & Ham	3.59	5.29
Roast Beef	3.59	5.29
Subway Club®	3.59	5.29
Roasted Chicken Breast NOT	3.39	4.99

Subway's 7 subs with 6 grams of fat or less include the regular 6" Subway Club® (3.5g of fat), Roasted Chicken Breast (3.2g), Ham (3.2g), Roast Beef (3.2g), Veggie Delite® (3.2g), Turkey Breast & Ham (3.2g), and Turkey Breast (3.2g) prepared according to standard sandwich recipe with meat or whole bread, meat, onions, tomatoes, pickles, green peppers and olives, and without cheese or condiments (e.g., mayonnaise). Customer requests to modify standard sandwich recipe or add cheese or condiments may increase fat in select centers.

Giant Subs & Platters

Subs starting at	50.00
Platters starting at	25.00

Deli Style

Ham	2.29
Tuna	2.29
Turkey Breast	2.29
Roast Beef	2.29

Salads

Make any 6-inch Sub a Salad

Roasted Chicken Breast	3.99
Veggie Delite®	2.89
Tuna	3.99
Turkey Breast	3.99

5.19

Drinks, Chips & Cookies

Soft Drinks	.79	.89	.99
Cookies	each .39	3 for 1.00	12 for 3.79
Chips			.69

Kids' Pak

Deli Sandwich, Drink, Cookie & Toy 3.19

Extras

	6-inch	Footlong
Bacon	.50	1.00
Double Meat	1.00	2.00
Extra Cheese	.25	.50