OUTREACH SCHEDULE
FALL 2013

Wellness Screenings
Campus Climate Survey- Sept. 17 and 18
Depression screening- Oct. 15 and 16
Screenings in UC Mall 10:30-1:30pm
(Giveaways for participation)

National Suicide Prevention Week
DORA college program
TBA Residence Halls
World Suicide Prevention Day- September 6
Lunch Chat: Suicide Prevention
UC 213  12-1pm

Mental Illness Awareness Week
National Day Without Stigma- Oct. 7
UC from 10-2pm
Come by for giveaways and tattoos!

Events
More Than A Game- Sept. 5
UC   10-2pm
Come by for games and giveaways!

How Bout This Party- October 22
UC Annex   6-8pm
This is an interactive theater experience brought to us by Theater Delta from Chapel Hill. You don’t want to miss this!

Pet Therapy Day- October 28
Basketball court behind Pine 10-2pm
De-stress and have some fun with our furry friends from the Humane Society

Slipper Day- November 15
UC from 10-2pm
Come by and show us your most awesome slippers and learn about sleep health. Prizes will be awarded.

Mocktail Madness- November 16
UC Annex   9-12am
Cast your vote for your favorite mocktail!

Exam Stress Break- December 2 - 4
Take a break from all that studying and have some fun with us in the UC Lounge from 12-7 each day. Food, Games, and Crafts will be available!

Stay tuned to our websites for further details and updates on events!

www.uncp.edu/caps
www.facebook.com/uncp/counseling