**Student Resources Addendum**

The following resources are available to UNCP students:

**Counseling and Psychological Services (CAPS)**

Counseling and Psychological Services (CAPS) offers a range of clinical mental health options including individual, group and couples counseling. Learning disability and psychological assessment is available through appointment, we work closely with the Accessibility Resource Center to advocate for and support students’ academic success. We offer advocacy for survivors of sexual assault and those accused through both our Case Manager and our Sexual Assault Advocate. We have an Alcohol and Other Drug (AOD) specialist on staff to work with students struggling with issues of addiction. Chavis University Center, Room 243: (910) 521-6202

**Health Careers Access Program (NC-HCAP)**

Located in Jacobs Hall Suite F, the Health Careers Access Program offers assistance to students seeking to be employed in healthcare through test preparation workshops, course tutoring, guidance during the application process for healthcare programs, job shadowing, internships, and advisement; contact hcap@uncp.edu or 910-521-6673.

**Resource Learning Lab**

The Resource Learning Lab in the Center for Student Success offers 1) computer based, self- paced tutoring in basic writing skills, basic reading comprehension, and word problem dissection; 2) DVDs such as Note Taking, Critical Thinking, Problem-Solving and Time Management, which are free and available to all students; contact mark.hunt@uncp.edu or 910- 775-4393.

**Students Obtaining Academic Resilience (SOAR) Academic Coaching Program**

SOAR is part of the Center for Student Success under the University College. SOAR is an academic coaching program for any student enrolled at UNCP. SOAR is responsible for providing academic coaching to students to help in areas such as time management, stress management, motivation, test anxiety, test taking strategies, study skills, etc. Students are assisted by graduate students in multiple graduate programs here at UNCP and provide guidance through academic coaching. Contact Jennifer McNeill at jennifer.mcneill@uncp.edu or call 910-521-6625.

**TRIO programs**

This federally-funded office provides eligible students with one-on-one and group tutoring, personal counseling, and assistance with applying for financial aid, in Jacobs Hall suites A and B; contact trioprograms@uncp.edu or 910-521-6242.

**Tutoring**

The tutoring program of the Center for Student Success helps students achieve their academic goals by offering group or individual tutoring in all General Education and many upper-level courses. Students can sign up at Tutoring Program Sign-up or contact jennifer.mcneill@uncp.edu or 910-775-4311.

**The University Writing Center**

The University Writing Center, located in D.F. Lowry 308 and available online at [www.uncp.edu/writing](http://www.uncp.edu/writing), is a peer-to-peer tutoring service where UNCP students can seek assistance with written assignments at any stage during the writing process, from brainstorming ideas to drafting, revising, and editing.