

## Career Center Events

The Career Center is excited to kick-off 2009 and eager to assist your students with their career development. The Career Center specializes in assisting students with resume creation, interview preparation, job searches and decision making, and selection of a major or career that is the best fit.

We have several recruiting events this spring that are designed to offer career information and networking experience. The first recruiting event, which all students are encouraged to attend, is the Career Expo. This event will be held on Wednesday, February 18, and features recruiters from state and federal government agencies, non-profit organizations, graduate school programs, and private industry. Students are strongly encouraged to attend the event dressed for success and with resumes in hand.

Our next event is the Teacher Education Fair on Wednesday, March 25. All students are encouraged to attend this event as a career in education appeals to students of many academic backgrounds. Again, professional attire and resumes are strongly encouraged for those attending.

Before each event, students will have an opportunity to have a resume critique done at our one-stop-shop event known as Resumania! Students are also welcome to email their resume to a Career Center Staff member for review or to drop their resume off in the Career Center for a review at any time.

The Business Etiquette Dinner is scheduled for Wednesday, April 15. This event features a formal dinner setting with a trained etiquette consultant who speaks to students while they dine about topics related to professionalism and business dining. We do sell tickets for this event as there are a limited number of seats. Tickets are available to students, faculty, and staff at UNCP.

Another feature The Career Center offers is a For Parents page on The Career Center Web site, [www.uncp.edu/career](http://www.uncp.edu/career). We hope you will visit this site to learn more about how parents can be a career advocate for their students. The Career Center also contacts interested parents during the semester via email through the Career Center Parent listserv. If you are interested in receiving emails, sign up by contacting Sarah Francisco, Assistant Director of Career Services, at [sarah.francisco@uncp.edu](mailto:sarah.francisco@uncp.edu).

## Sexual Assault on Campus: Dare to Be Aware

by Sherry Boudrias (Email: [sherry.boudrias@uncp.edu](mailto:sherry.boudrias@uncp.edu); Phone: 910-521-6202)

As students descend upon the many campuses across the nation, fear of the unknown fills their hearts. But the fear of becoming one of the staggering statistics of rape or sexual assault should not have to be one of those fears. In 2005, the nationally reported number of rapes occurring was a staggering 93,934 (FBI Crime in the United States Report, [www.fbi.gov/ucr/05cius/data/table\\_01.html](http://www.fbi.gov/ucr/05cius/data/table_01.html) and [www.fbi.gov/ucr/05cius/data/table\\_04.html](http://www.fbi.gov/ucr/05cius/data/table_04.html)). Statistics regarding sexual assault can be found on the Rape, Abuse, & Incest National Network Web site [www.rainn.org/statistics](http://www.rainn.org/statistics) and include the following shocking statistics:

- 1 in 6 women and 1 in 33 men will be sexually assaulted in her or his lifetime.
- College aged women are 4 times more likely to be sexually assaulted.
- Every 2 minutes someone in the U.S. is sexually assaulted.
- 60% of sexual assaults are NOT reported to the police.
- Approximately 73% of rape victims know their assailants.
- Only 6% of rapists will ever spend a day in jail.

The University of North Carolina at Pembroke defines sexual assault as any involuntary sexual act with which a person is threatened, coerced, or forced to engage in against his or her will or while temporarily or permanently incapacitated. Acts defined as sexual assault include rape, but may also include sexual touching of another person against his or her will or without consent and forcing an unwilling person to touch another person sexually.

Parents can help their students, both male and female, to be protected and to learn respect for one another.

Women must be empowered to report assaults and learn to say "NO!" Men must learn respect for women and that "NO! Means NO!" By talking to their students, parents can have a profound affect on their safety and ability to make rational choices. When parents learn the facts about rape and sexual assault, they are more comfortable talking to their children. Becoming familiar with one's surroundings, always going places with a friend, the "Buddy System" is always a wise decision, and avoiding drugs and alcohol dramatically decreases one's risks for rape or sexual assault. When parents show they care, it can make all the difference in the world.



UNCP can help students learn to protect themselves as well, via Rape Aggression Defense (R.A.D.) training. The R.A.D. system of self defense for women is designed to teach women how to protect themselves against aggression and potential sexual assault. The R.A.D. program for men teaches basic self-defense for men and respect for women. R.A.D. is offered as a physical education course during each semester for both women and men.

R.A.D. is the largest network of its kind with over 7,000 instructors receiving training in our systems to date. These instructors teach at various colleges, universities, and municipal law enforcement agencies as well as various other community organizations internationally. R.A.D. has trained more than 300,000 women since the program began in 1989. It is the only existing program with a free lifetime return and practice policy, honored throughout both the U.S. and Canada. Your student can sign up for a R.A.D. course at UNCP by calling the Counseling and Testing Center at (910) 521-6202.

Staying connected with the campus community through events will help you stay connected with your student. For news and events, please visit our Web site at [www.uncp.edu/](http://www.uncp.edu/).



## It's A Date

### February 3

Deadline for Immunizations

### March 2 - 7

Spring Break

### March 6

Last day for pro-rated refund

### March 16

Last day for undergraduates to drop a course with a "W" grade

### March 30

Online Registration Begins

### April 10

University Closed (Holiday)

### April 24

Classes End

### April 27 - May 1

Final Examinations

### May 1

Residence halls close at 5 p.m.

### May 2

Spring Commencement

## Study Abroad Program at UNCP

With the globalization of the world, the number of U.S. students studying abroad is on the rise. Study abroad should be at the very center of your student's undergraduate education as it will inspire him/her to develop reflection and critical thinking, problem solving, communication skills, adaptability, appreciation for diversity, and respect for the views of others around the world. Studying abroad will improve self-confidence and allow students to realize their potential both here in North Carolina and abroad. This is an academic and socially empowering opportunity for your student that will forever change his/her life.

UNCP students may take advantage of faculty-led study abroad programs, short-term programs (1 – 6 weeks), semester, and year-long study abroad programs all around the world. Participating in a study abroad program will help your student:

1. Understand and function in different cultures, developing a broader understanding in the ways the world works;
2. Increase employment marketability upon graduation;
3. Understand differences in educational styles and systems; and
4. Increase knowledge of and competency in a foreign language (if desired).

We need to be more aware of cultural similarities than differences, and we need to strive to practice humility, tolerance, and self-criticism. It's important to know what is happening in other parts of the world and how it will influence our future. North Carolina competes with countries outside the United States, and our global readiness is paramount in shaping the future of the United States.

The study abroad office is dedicated to internationalizing UNCP by helping as many students as possible have overseas experiences that enrich lives, enhance academic achievement, and increase career potential. The study abroad staff helps students overcome academic, financial, or personal concerns that might prevent them from going abroad. There are numerous study abroad options and the study abroad office has been established to assist your student in accomplishing their goals. For more information, please visit us online at [www.uncp.edu/ip/abroad/](http://www.uncp.edu/ip/abroad/) or contact the study abroad office at (910) 775-4095.

## Staying Connected

Web Calendar .....	<a href="http://www.uncp.edu/calendar">www.uncp.edu/calendar</a>
Counseling & Testing Center .....	<a href="http://www.uncp.edu/ct">www.uncp.edu/ct</a> (910-521-6202)
Career Services Center .....	<a href="http://www.uncp.edu/cs">www.uncp.edu/cs</a> (910-521-6270)
Division of Student Affairs .....	<a href="http://www.uncp.edu/sa">www.uncp.edu/sa</a> (910-521-6226)
Financial Aid Office .....	<a href="http://www.uncp.edu/fa">www.uncp.edu/fa</a> (910-521-6255)
Student Health Services .....	<a href="http://www.uncp.edu/shs">www.uncp.edu/shs</a> (910-521-6219)
UNCP Police & Public Safety .....	<a href="http://www.uncp.edu/police">www.uncp.edu/police</a> (910-521-6235)