

## NURSING

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### PROGRAM OVERVIEW

The Department of Nursing offers an undergraduate program leading to the Bachelor of Science in Nursing degree. The undergraduate program offers two options for study: 1) Pre-Licensure BSN program which is open to all high school graduates and college students who wish to pursue a nursing major, and 2) RN-BSN Completion program for registered nurses with evidence of having earned an Associate's Degree in Nursing or a Hospital Diploma in nursing from an accredited program. A bachelor's degree with a major in nursing at UNCP requires a total of 124 semester credit hours of study.

### MISSION, PURPOSES, OUTCOMES

The mission of the UNCP Department of Nursing reflects the tripartite roles of teaching, research, and community service articulated in the mission of UNCP. Students are provided the opportunity to obtain a multicultural education that is grounded in the arts, sciences, and humanities; that is congruent with standards for professional nursing practice; and that prepares them for lifelong learning, professional development, and service to others. The primary purposes of the UNCP Department of Nursing program are to:

1. Promote and advance the accessibility, availability, and quality of professional nursing education and practice for nurses of southeastern North Carolina.
2. Prepare graduates to provide quality professional nursing services, across the lifespan, for individuals, families, groups, and communities.

The Bachelor of Science in Nursing program prepares graduates to:

1. Integrate evidence-based knowledge from nursing, the arts and humanities, and biopsychosocial sciences to shape the practice of professional nursing.
2. Demonstrate skills in critical thinking and decision making in the use of the nursing process with individuals, families, groups, and communities.
3. Demonstrate competency in the nursing roles of advocate, clinician, coordinator/collaborator, educator, leader, and consumer of research in a variety of health care settings.
4. Establish therapeutic, caring, and collaborative relationships with recipients of nursing care and members of interdisciplinary health teams through effective communication skills.
5. Provide therapeutic nursing interventions to promote, restore, and maintain the maximum health potential of individuals, families, groups, and communities.
6. Adhere to ethical, legal, and regulatory mandates and professional standards for nursing practice.
7. Assume accountability for their own decisions and actions in the practice of professional nursing.
8. Incorporate professional values and role behaviors into the practice of professional nursing.
9. Demonstrate evolving competence in multicultural interactions with recipients of nursing care and members of the healthcare and social service systems.
10. Accept personal accountability and responsibility for lifelong learning, continued personal and professional growth, and commitment to the advancement of the nursing profession.

The Department of Nursing holds membership in the American Association of Colleges of Nursing (AACN). The Department of Nursing is accredited by the Commission on Collegiate Nursing Education (CCNE), One Dupont Circle, NW, Suite 530, Washington, DC 20036-1120, 202/887-6791.

### PRELICENSURE BSN OPTION

The Prelicensure BSN option is 4½ years in length and encompasses two phases. The first phase is comprised of 62 semester credit hours of lower-division work (liberal arts and nursing prerequisites) which may be completed at any regionally accredited college or university but must be comparable to those offered at UNCP. The broad educational background in the physical, social, and behavioral sciences afforded by this phase provides the foundation for the nursing major. The second phase is comprised of 62 semester credit hours of upper-division work in the nursing major and is completed within the Department of Nursing. Taken during the junior and senior years, these courses are designed to prepare the baccalaureate nurses for practice in a variety of settings and specialties.

Students are admitted to the baccalaureate nursing program at the upper division level. Lower division courses must be completed before beginning nursing courses. The first nursing courses begin in the second summer session (July) preceding the junior year. The nursing curriculum includes both didactic and clinical experiences for students to develop a beginning level of competency and independence in the provision of quality professional nursing services, across the life span, for individuals, families, groups, and communities. Integrated throughout the nursing curriculum are concepts and skills most critical to the delivery of professional nursing services to culturally diverse rural populations.

The Bachelor of Science in Nursing will be awarded to students who successfully complete both phases of the requirements for the degree. Degree recipients will then be eligible to take the NCLEX-RN licensure examination administered by the National Council of State Boards of Nursing. A registered nurse (RN) license will be awarded upon a successful “Pass” on NCLEX-RN and satisfaction of other Board of Nursing licensure requirements.

### ADMISSION REQUIREMENTS

1. Admission to UNCP by meeting general requirements for admission as a regular degree seeking student.
2. Successful completion of all 62 hours of general education nursing core (46 hours) and pre-requisite nursing major (16 hours) courses with a grade of C or better prior to Summer Session II of the year of admission.
3. A cumulative GPA of 2.5 (4.0=A) in all post high school work. Each student's total GPA is calculated on all transferable college courses attempted at all accredited institutions of higher education according to the UNCP Admissions Office guidelines.
4. Physical, mental, and emotional health that enables a student to participate in and complete the program (see departmental policies).
5. Submission of a supplemental application to the Department of Nursing by January 15 of the year they plan to enter the BSN program. All applicants will be notified of acceptance status no later than March 15.

### ACADEMIC STANDARDS FOR PROGRESSION

The following requirements must be met in order to progress in the nursing program:

1. Maintain a cumulative grade point average of C (2.0) or higher.
2. Achieve a grade of C or higher in each nursing course before proceeding to next nursing course.
3. Receive a P (pass) grade on the laboratory or clinical component of each nursing course that has either laboratory or clinical experience. A grade of F (fail) in any laboratory or clinical component will result in an F for the course.

- Only one nursing course may be repeated one time during progression in the nursing program.
- Maintain current CPR certification, TB (or x-ray) testing, evidence of Hepatitis B vaccination, and malpractice insurance while enrolled in the nursing program.
- Adhere to all policies of the University, Department of Nursing, and clinical agencies.

### PRELICENSURE BSN OPTION DESCRIPTION

Requirements for a Bachelor of Science in Nursing (BSN) Degree	Sem. Hrs.
General Education and Support Courses	62
Composition: ENG 105, 106	6
Arts and Humanities: restricted selection*, PHI 101 recommended	12
General Education Electives: SPE 102 (all freshmen are required to take this course unless they test out of it; those who test out will need another 3 hours from General Education elective options)	3
Social Sciences: PSY 101, SOC 102, restricted selection*	9
Natural Sciences/Math: CHM 112, 113, 140, 141; MAT 105 or higher	11
Physical Education: restricted selection*	2
Anatomy and Physiology: BIO 211, 212	8
Microbiology: BIO 315	4
Biology: Bio 100	3
Statistics: PSY 208, SOC 360, or MAT 210	3
Health Technology and Informatics: NUR 200	1
Required Nursing Courses	62
NUR 301, 303, 304, 305, 310, 315, 320, 325, 345, 350, 400, 412, 415, 435, 445, 451	
<b>Total:</b>	<b>124</b>

\* Refer to General Education Requirements section of this catalog for restricted elective choices.

### RN-BSN COMPLETION OPTION

The RN-BSN completion option is designed for registered nurses who wish to earn the baccalaureate nursing degree. Building on competencies attained by the registered nurse, the program extends the student's knowledge, skills, attitudes, and scope of practice for expanded career opportunities, enhances personal and professional satisfaction, and develops a foundation for further study in graduate nursing education.

### ADMISSION REQUIREMENTS

- Be admitted to UNCP by meeting general requirements for admission as a regular degree-seeking student.
- Present evidence of having earned an Associate Degree in Nursing or a Hospital Diploma in nursing, from an accredited program.
- Have a current and unrestricted North Carolina nursing license.
- Complete all but 9 semester hours of General Education and support courses satisfactorily (grade of C or better) before enrolling in the first nursing course.

### ACADEMIC STANDARDS FOR PROGRESSION

The following requirements must be met in order to progress in the nursing program:

- Maintain an unrestricted, current RN license.
- Maintain a cumulative grade point average of C (2.0) or higher.

3. Achieve a grade of C or higher in each nursing course before proceeding to the next nursing course.
4. Receive a P (pass) grade on the laboratory or clinical component of each nursing course that has either laboratory or clinical experience. A grade of F (fail) in any laboratory or clinical component will result in an F for the course.
5. Only one nursing course may be repeated one time during progression through the nursing program.
6. Maintain current CPR certification, TB (or x-ray) testing, evidence of Hepatitis B vaccination, and malpractice insurance while enrolled in the nursing program.
7. Adhere to all policies of the universities, nursing program, and clinical agencies.

## VALIDATION OF PREVIOUS NURSING EDUCATION

Validation of previous nursing education is achieved by successful completion of Nursing 300 and Nursing 320.

### RN-BSN COMPLETION OPTION DESCRIPTION

Requirements for a Bachelor of Science in Nursing (BSN) Degree for RNs (RN-BSN Completion Option)	Sem. Hrs.
General Education and Support Courses	55
Composition: ENG 105, 106	6
Humanities/Speech: restricted selection*, PHI 101 recommended	12
Social Sciences: PSY 101, SOC 102, restricted selection*	9
Natural Sciences/Math: CHM 112, 113, 140, 141; MAT 105 or higher	11
Physical Education: restricted selection*	1
Anatomy and Physiology: BIO 211, 212	8
Microbiology: BIO 315	4
Statistics: MAT 210	3
Health Technology and Informatics: NUR 200	1
Validation of Previous Nursing Experience	30
Required Nursing Courses	31
NUR 300, 310, 320, 325, 330, 400, 412, 435, 455	
General Electives	8
	<b>Total: 124</b>

\* Refer to General Education Requirements section of this catalog for restricted elective choices.

## COURSES

*NOTE: The numbers enclosed in parentheses immediately following course numbers indicate the semester hour credits, lecture contact hours, and laboratory hours respectively. Lecture and laboratory hours are normally scheduled each week for one semester in the course. Credit hours for laboratory experiences are calculated as one semester credit hour for 3 contact hours.*

### NUR 200 (1-1-0) Health Technology and Informatics

This course provides students interested in nursing and other human science professions with an opportunity to acquire and apply knowledge and skills from information and computer science to the healthcare field. The course introduces students to applications of information systems in healthcare practice, education, and research. Hardware, software, databases, communications applications, computer developments, and associated legal and ethical issues are addressed. Students learn how healthcare providers can assess, develop, and use information systems to work more efficiently, allocate resources more effectively, and improve consumer health care. *Pre-Requisite: Required of all pre-nursing majors.*

**NUR 300 (3-3-0) Transition to Professional Nursing**

This course focuses on the role of the professional nurse. An overview of the delivery of professional nursing practice and role transition. Advanced theoretical concepts will be examined using the nursing process as a framework. *Prerequisites: Admission to the Nursing Program. RN-BSN students only.*

**NUR 301 (2-2-0) Introduction to Professional Nursing**

This course introduces students to the values and concepts appropriate to professional nursing practice included in the Essentials of Baccalaureate Education for Professional Nursing Practice, ANA Social Policy Statement, ANA Clinical Standards, and Code of Ethics with Interpretive Statements and to the professional nursing roles of advocate, clinician, coordinator/collaborator, educator, leader, and researcher. Included in the course will be an introduction to the profession of nursing and health-care delivery in the United States from historical and contemporary perspectives and to the UNCP Department of Nursing mission, purposes, and educational program objectives. *Pre-Requisite: Admission to Professional Program.*

**NUR 303 (4-2-6) Foundations of Professional Nursing Practice**

This course introduces, from a theoretical, research base, nursing skills and principles basic to beginning professional nursing practice. Emphasis is placed on the application of the nursing process to guide the recipient of nursing care toward an optimal level of functioning. The dimensions of Gordon's functional health patterns will be explored. Learning experiences will provide the opportunity for students to begin to develop proficiency in six interrelated nursing roles, with an emphasis on developing the clinician, educator, and researcher roles. Utilization of the nursing process, critical thinking, and decision making in simulated and actual clinical situations will be emphasized. During laboratory sessions students will have the opportunity to practice basic nursing skills through simulated clinical situations. The clinical component of the course provides an opportunity for students to apply theory to nursing practice and to develop beginning proficiency in basic nursing skills with recipients of nursing care in community and long-term care settings. *Pre-Requisite or Co-Requisite: Admission to Professional Program, NUR 301.*

**NUR 304 (2-2-0) Normal and Therapeutic Nutrition**

This course introduces the principles of nutrition and ways in which these principles are applied to promote an optimal level of functioning for all individuals. Topics include nutritional requirements for maintaining health and development throughout the life span as well as factors affecting food choices of individuals and society. Emphasis is placed on nutrition assessment and interventions in relation to the nutrition goals of Healthy People 2010 and the Dietary Guidelines for Americans. *Prerequisites: NUR 301, 303.*

**NUR 305 (3-3-0) Pharmacology for Nursing Practice**

This course examines the major categories of pharmacologic agents and application of pharmacologic concepts to clinical nursing practice. Emphasis is placed on understanding the physiologic actions of the drugs, expected patient responses, major side effects, and implications for nursing. Drug dosage computation is included. *Prerequisites: NUR 301, 303.*

**NUR 310 (3-3-0) Transcultural Nursing**

This course is designed to assist the nurse to expand his/her view of man. Man is defined as a functioning, whole unit with integrity and uniqueness who uses symbols to communicate with the environment. Emphasis will be placed on the concepts of cultural belief systems, health, and caring and how these concepts affect the nursing care delivery system. *Prerequisite or Corequisite: NUR 300, 301, 303.*

**NUR 315 (5-3-6) Adult Health Nursing I**

This course focuses on the nursing care needs of adults experiencing acute and chronic alterations in health and the use of the nursing process as a framework for providing and managing nursing care for these clients. Students will examine theoretical and research findings as well as issues and trends influ-

encing the planning and delivery of nursing care for adults experiencing acute and chronic alterations in health. Learning experiences will provide the opportunity for students to continue to develop proficiency in six interrelated nursing roles, with an emphasis on the clinician, coordinator/collaborator, educator, leader, and researcher roles. Emphasis is placed on enhancing critical thinking skills and the roles of the professional nurse in health promotion and maintenance, illness care, and rehabilitation of clients with acute and chronic alterations in health in a variety of healthcare settings. *Prerequisites: NUR 301, 303.*

### **NUR 320 (3-2-3) Health Assessment Across the Life Span**

This course prepares the student to conduct comprehensive health assessments. Emphasis is placed on the acquisition, processing, and interpretation of data collected from clients of all ages. A physical, psychological, sociocultural, and spiritual approach is used to assess the client and to incorporate consideration of the client's needs, state of wellness, development level, and response to life experiences. The campus laboratory experience consists of practice with clients. Successful completion of the course validates lower division technical nursing clinical. *Prerequisite or Corequisite: NUR 300, 301, 303.*

### **NUR 325 (3-3-0) Pathophysiology Across the Life Span**

This course prepares the student to systematically approach complex situations. Emphasis will be placed on the integration and application of pathophysiological concepts to the holistic human in time of physical stress. This course utilizes the nursing process as the basis for examining persons with pathologies requiring multiple dimensions of nursing care. *Prerequisite: NUR 300, 301, 303.*

### **NUR 330 (3-3-0) Gerontological Nursing**

This course examines the process of aging. Physical, psychological, sociocultural, and spiritual aspects of aging are examined within the context of the family and society. Advanced theoretical concepts will be examined using the nursing process. *This course is NOT REQUIRED FOR THE DEGREE for prelicensure BSN students. Prerequisite: NUR 300.*

### **NUR 345 (5-3-6) Family Nursing I**

This course focuses on nursing care and health promotion for the childbearing family. The course provides an introduction to the process of normal childbirth and dynamics of the childbearing family as well as the identification and care of high-risk recipients of nursing care. Nursing process provides direction to promote, restore, and maintain health of women and newborns within a family context and including cultural diversity. Learning experiences will provide the opportunity for students to continue to develop proficiency in the six interrelated nursing roles. *Prerequisites: NUR 304, 305, 310, 315, 320.*

### **NUR 350 (5-3-6) Family Nursing II**

This course focuses on nursing care of the child-rearing family, including viewing the child and family as recipients of nursing care. Course content includes care of the child from infancy through adolescence, both hospitalized and within the community, acutely ill and chronically ill; common stressors for the child and family throughout the growing years; and strategies for health promotion for the child and family. Learning experiences will provide the opportunity for students to continue to develop proficiency in the six interrelated nursing roles. *Prerequisites: NUR 304, 305, 310, 315, 320.*

### **NUR 400 (3-3-0) Nursing Research and Theory**

This course provides students with an overview of the role of theory and research in the development of nursing as a profession. Students are introduced to the principles and concepts in both quantitative and qualitative research approaches. With a focus on the role of the professional nurse as a consumer of research, students develop skill in the ability to critically read and evaluate research findings based on nursing theory and practice needs. *Pre-Requisites: Completion of all 300-level courses or permission of instructor.*

**NUR 412 (5-3-6) Leadership in Nursing**

The course focuses on the professional nurse's role as a leader in the profession and healthcare delivery. The focus will be on the evolution of nursing, nursing leaders as vanguards of the profession, contemporary healthcare delivery, the professional role of the nurse leader in healthcare delivery. Leadership and management principles will be examined. *Prerequisites or Corequisites: NUR 400, 435.*

**NUR 415 (5-3-6) Psychiatric/Mental Health Nursing**

This course focuses on the nursing care needs of persons experiencing alterations in social and psychological functioning. Students will examine theoretical and research findings as well as issues and trends influencing the planning and delivery of nursing care for persons with common psychiatric disorders or mental health needs. Emphasis is placed on the role of the professional nurse in psychiatric-mental health nursing, the application of the nursing process as a framework for providing and managing nursing care, and the enhancement of critical thinking skills, therapeutic nursing interventions, effective communication, and interpersonal skills as they relate to care of persons experiencing alterations in social and psychological functioning. Learning experiences will provide the opportunity for students to continue to develop proficiency in the six interrelated nursing roles. *Prerequisites: Completion of 300-level courses.*

**NUR 435 (5-3-6) Community Health Nursing**

This course focuses on the community as recipient of nursing care. Emphasis is on the six roles of the professional nurse in addressing the preventative health needs of populations at risk and other community groups in various community practice settings. Current public health problems, epidemiology, trends in healthcare delivery, and community resources are examined. Students analyze the sociocultural, political, economic, ethical, and environmental factors that influence community and global health. Clinical experiences will allow students to understand, alter, and enhance the political and/or socioeconomic forces that impact health and healthcare delivery. *Prerequisites: Completion of 300-level courses.*

**NUR 445 (7-3-12) Adult Health Nursing II**

This course focuses on nursing care needs of adults with acute and complex health problems related to major body systems. Students will have an opportunity to examine pathophysiological, psychological, and sociocultural implications as well as current research and trends in care of adults experiencing complex health problems. The emphasis is on enhancing critical thinking skills in the planning and delivery of nursing care for adults with complex health problems. Learning experiences provide the opportunity for students to continue to develop proficiency in the six interrelated nursing roles and self-direction in providing nursing care for clients with complex health problems in a variety of clinical settings. *Prerequisites: NUR 400, 415, 435.*

**NUR 451 (2-1-3) Transition to Professional Nursing: A Capstone Experience**

This course facilitates the transition of students into professional practice through preceptorships with professional nurses in a variety of clinical settings. Through this culminating experience, students will synthesize knowledge of nursing cognates and general education to increase their responsibility and accountability for providing quality nursing care. Faculty selects, with input from individual students, a clinical agency for the clinical experience. Students will apply all nursing roles (advocate, clinician, collaborator/coordinator, educator, leader, and researcher) with an emphasis on the clinician and leader roles. The experience allows faculty to assess each student for minimal competencies of the terminal educational objectives. *Prerequisites or Corequisites: to be taken simultaneously with the courses in the second semester of the senior year or after completing all other requirements for the BSN degree. Prelicensure BSN students only.*

**NUR 455 (3-2-0) Professional Nursing Issues in Practice**

This course is the capstone experience that includes synthesis of nursing cognates and general education. The experience allows the students to assess their knowledge of the program objectives. The

course will incorporate essential knowledge, psychomotor, and affective domains of BSN education. *Prerequisites or Corequisites: to be taken simultaneously with or after completing all other requirements for the BSN degree. RN-BSN students only.*

## ELECTIVE COURSES

### **NUR 421 (3-3-0) Nursing and Women's Health**

This course focuses on the current health care challenges and issues of women's health and implications for professional nursing practice. Women's roles in a complex society will be examined to facilitate increased self-awareness as consumers and providers in the health care delivery system.

### **NUR 440 (1-0-0) Professional Nursing Honors Practicum**

This course provides outstanding academic nursing students the opportunity to identify and analyze a nursing topic and/or problem of major interest. Students enrolled will create their project and learning objectives in collaboration with faculty facilitator. This course is NOT REQUIRED FOR THE DEGREE. Students are encouraged to consider this course if planning to attend graduate school.

*Prerequisite: Must be classified as a senior and have a minimum overall cumulative GPA of "B" (3.0) and Department Chair approval.*