

Health and Physical Education K-12 Checklist

General Education Requirements

- ___ENG 1050 Composition I
 ___ENG 1060 Composition II

Humanities – Choose 1 from each category below
___1. Fine Arts (ART 1450, 2050, 2080, 2090; MUS 1020, 1040, 2940, 2980; THE 2500)
___2. Literature (ENG 2010, 2020, 2030, 2050, 2060, 2080, 2090, 2100, 2180, 2190, 2200, 2230, 2240, 2410, 2470, 2480)
___3. History (HST 1010, 1020, 1030, 1100, 1110, 1140, 1150)
___4. Religion or Philosophy (REL 1080, 1300; PHI 1000, 1010, 2040, 2070)

Social Sciences – Choose any 3 of the 5 below
___1. Economics (ECN 1000, 2020, 2030, 2410)
___2. Geography (GGY 1010, 1020, 2000, 2060)
___3. Political Science (PLS 1000, 1010)
___4. Psychology (PSY 1010)
___5. Sociology (SOC 1020, 1050, 2090)

Natural Sciences – Choose any 2 of the 4 below
___1. Biology (BIO 1000, 1030, 1060; ENV 1100)
___2. Chemistry (CHM 1300, 1400)
___3. Geology (GLY 1150, 2460)
___4. Physical Science or Physics (PHS 1100, 1560; PHY 1000, 1500, 2000)
___ HON 1510 may be used in place of one natural science course (Honors students only)

Math Requirement – Choose One
___MAT 1050, 1070, 1080, 1090, 2150, 2210

PE 1-Hour Activity Requirements
___1. PED 1010 _____
___2. PED 1380 _____

General Education Electives (see back page)
___1. MAT 2100 _____(3)
___2. _____(3)

___UNV 1000 (1)

Total General Education Hours = 45

Content Courses

- ___EXPH 2100 Anatomy and Physiology I (3)
 ___EXPH 2200 Anatomy and Physiology II (3)
 ___EXPH 3450 (PED 3480) Kinesiology (3)
 ___EXPH 3500 Motor Behavior (3)
 ___EXPH 3510 Motor Behavior Lab (1)
 ___EXPH or PED 4120 Exercise Physiology (3)
 ___HHP or PED 4150 Org/Admin. of PE/Athletics (3) WE
 ___HLTH 1060 Safety and First Aid (1)
 ___HLTH 2100 Nutrition (3)
 ___HLTH 3650 Epidemiology of Human Diseases (3)
 ___HLTH 3770 Drugs and Society (3) WE
 ___HLTH 4100 Health/Fitness Behavior Changes (3) WD
 ___PED 1010 Wellness and Fitness (0, counted in Gen. Ed.)
 ___PED 1380 Rhythms and Dance (0, counted in Gen. Ed.)
 ___PED 3100 Adapted Physical Education (3)
 ___PED 3120 PE and Sport in Contemporary Society (3)

Professional Studies Courses

- ___EDN 2100 Introduction to Education (3)
 ___EDN 3130 Content Area Reading (3)
 ___EDN 3150 Dev. Perspectives of Ed. Psych. (3)
 ___SED 3310 Introduction to the Exceptional Child (3)

Content Pedagogy

- ___PED 3420 Introduction to Health/PE (3)
 ___PED 3060 Elementary Health/PE Methods (3)
 ___PED 3070 Middle School Health/PE Methods (3)
 ___PED 3080 High School Health/PE Methods (3)

Student Teaching Internship (Final Semester)

- ___PED 4040 Classroom Discipline (1)
 ___PED 4060 Health/PE Teaching Seminar (2)
 ___EDN 4490 Internship (9)

Free Elective Hours = 1

Total Degree Hours = 120