This guidance applies to travel outside of the United States and U.S. territories.

University –affiliated travel

Per the UNC System Guidance memo, (May 29, 2020), non-essential university travel is prohibited, unless an exception is granted by the chancellor or the chancellor's designee. If University-affiliated travel is pre-approved, faculty, staff, and students may be required to register their travel information, including their expected dates of travel and location. The approval of travel does not rule out the possibility that the University may require faculty, researchers, staff, and students to self-quarantine upon return and the University may modify these rules before, during, or after an individual's travel to use its best reasonable efforts to keep the individual and the University community healthy and safe.

International Travel Recommendations for Fully Vaccinated People

People are considered fully vaccinated:

 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

If you don't meet these requirements, you are NOT fully vaccinated. Keep taking all precautions until you are fully vaccinated.

If you have a condition or are taking medication that weakens your immune system, you may NOT be fully protected even if you are fully vaccinated. Talk to your healthcare provider. Even after vaccination, you may need to continue taking all precautions.

- Before you travel
    - Make sure you understand and follow all airline and destination requirements related to travel, testing, or quarantine, which may differ from U.S. requirements. If you do not follow your destination's requirements, you may be denied entry and required to return to the United States.
    - Check the current COVID-19 situation in your destination.
- While you are traveling:
    - Wear a mask over your nose and mouth. **Masks are required** on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
    - Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
    - Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- Before you arrive in the United States:
    - All air passengers coming to the United States, **including U.S. citizens and fully vaccinated people**, **are required** to have a negative COVID-19 test result no more than 3 days before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States.
- After travel:
    - Get tested with a viral test 3-5 days after travel.
    - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
    - Follow all state and local recommendations or requirements after travel.

International Travel During Covid-19: Adapted guidance from CDC; updated April 26, 2021

International Travel Recommendations for Unvaccinated People

CDC recommends delaying international travel until you are able to get fully vaccinated. If you are not fully vaccinated and must travel, take the following steps to protect yourself and others from COVID-19:

- Before you travel:
    - Get tested with a viral test 1-3 days before your trip.
    - Make sure you understand and follow all airline and destination requirements related to travel, testing, or quarantine, which may differ from U.S. requirements. If you do not follow your destination's requirements, you may be denied entry and required to return to the United States.
    - Check the COVID-19 situation in your destination.
- While you are traveling:
    - Wear a mask over your nose and mouth. **Masks are required** on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
    - Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
    - Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- Before you arrive in the United States:
    - All air passengers coming to the United States, including U.S. citizens and fully vaccinated people, are **required** to have a negative COVID-19 viral test result no more than 3 days before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States.
- After you travel:
    - **Get tested** with a **viral test** **3-5 days** after travel **AND** stay home and self-quarantine for a full 7 days after travel.
        - Even if you test negative, stay home and self-quarantine for the full 7 days.
        - If your test is positive, isolate yourself to protect others from getting infected.
    - If you don't get tested, stay home and self-quarantine for 10 days after travel.
    - Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.
    - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
    - Follow all state and local recommendations or requirements.
- Visit state and local health department's website to look for the latest information on where to get tested.

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